



## SRUJANAVANI VOLUNTARY ASSOCIATION MENSTRUAL HEALTH MANAGEMENT & KIT DISTRIBUTION PROGRAM SUPPORTED BY LAURUS LABS



On the occasion of “Women’s Days”, i.e. 8<sup>th</sup> March 2014, Srujanavani with the support of **Laurus Labs** have undertaken Menstrual Health Management Awareness camp (MHM) and distributed kits with the objective of educating adolescent girls about menstrual health management, hygiene and dietary practices with the support of Dr. M. Sarojini MBBS and Dr. K. Vindhya MBBS. The activity was taken up two respective places simultaneously.

In Parawada Zilla Parishad High School, 350 girls have attended the Menstrual Health Management session and they clarified their doubts during personal counseling. School Principal Mrs. Krishna Kumari has inaugurated the event formally and she said it’s good that institutions are giving much importance to girls education and their development.

Similarly at Lankalapalem Zilla Parishad High School (Girls), 300 girls have attended in Menstrual Health Management session and they learnt more during the personal counseling. School Principal Mrs. Anita has inaugurated this event formally and she said that, in government educational institutions the children are taught to develop academically, however due to poor economic background they don’t have enough access to learn many things in their life. It’s nice to see that voluntary and corporate organizations are initiating such noble activities which are more essential in their life.



Through this program we have tried to address, issues relating to complications and necessities during the menstrual periods besides encouraged the adolescent girls to attend the available counselling sessions in Public Health Centres and avoid future health complications. We have also distributed 650 MHM kits to the adolescent girls consisting 6 napkin pads, MHM brochure and three iron tonics.



**AGM (H.R) Mrs. D. Sunita from Laurus labs, has outlined that “Education and good health are the two most important elements in Women’s life”**

**We are thankful to Sr. G.M (H.R)  
Mr. C. Narasimha Rao, distinguished  
Laurus Labs executives, women staff  
and school staff who made this event  
successful**