

**Project Proposal**  
**for**  
**Support to**  
**“Loyola Oldage Home ”**

**AT**  
**Pendurthy, Visakhapatnam**

**Project Proposed by:**



**Srujanavani Voluntary Association**  
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## 1. Organisation Profile

**Srujanavani Voluntary Association** is a charity based voluntary organization working towards development & upliftment of society. The main motto of our organization is Man Making. With immortal spirit at heart, man making as the instrument, SRUJANAVANI is determined to build that UTOPIAN INDIA where development is concomitant with the rich and diverse heritage of our nation, India.

### Registration Details:

- i. Established Date: 26 Sept, 1996
- ii. Regd.No : 1980/2005 (Societies Registration Act)
- iii. Regd under Sect 12A & 80G (Income Tax)

### Governing Body

- i. President : Shri. R Chandra Sekhar
- ii. Vice President : Shri. A V Chandra Sekhar
- iii. CFO : Shri. B Sreekanth
- iv. Org. Secretary : Shri Y.V.Tarak

## 2. Genesis

Aging is a time of multiple illnesses and general disability. Besides an increased level of illness, the aging process itself leads to certain disabilities such as low vision and blindness resulting from cataracts, deafness resulting from nerve impairment, loss of mobility from arthritis and a general inability to care for oneself. Even the well cared elders will fall sick often because of age, but if they are neglected by their own relations and left on the streets, where do they go? Who will take care of them? How will they lead the rest of their life? With this great apprehension towards the destitute elders on the streets of Visakhapatnam, **Sri D. Prakash Rao** a private ITI Instructor at Pendurthy established Loyola Sweet Home in 1998 with an objective to provide free food, health care and shelter to destitute elders.

### Goal

#### a. Who are benefited?

The home takes care of the basic needs of the sick and poorest of poor elderly people who dwell on the streets lack of care and concern from their own children or family members.

#### b. Where is the facility located?

The home is located in the outskirts of city at Pendurthy close to the railway track.

#### c. What are we doing presently?

We as part of our welfare activities support the home in meeting its monthly food expenses or any other materialistic support required from time to time. Srujanavani act as a bridge to support the cause and give an opportunity to sympathizers like you to serve a genuine cause.



### 3. Objectives of the Home

- To look after the elderly people with utmost care and empathy in a pleasant atmosphere to lead a peaceful life till their last journey.
- To extend the facilities of the home to more number of needy persons in the society.
- To continue to survive by bringing together the hands of all likeminded people without depending on Government for sustenance.

### 4. About the Home

The home was started initially only for men with 10 inmates. Later based on the condition of some very old women, it started accommodating them also from the year 2000 onwards.

#### Information of the Home:

Presently it is catering to the needs of providing shelter, clothing, food, medical attention, spiritual and emotional support to 40 inmates out of which 28 are women and 12 are men. These old persons are mostly picked from the streets to provide shelter and care till their last breath. In general aged persons of approx. 50 years of age and in special cases (mentally retarded) younger persons are admitted in this home. Some of the inmates walk normally and some are bedridden who require some assistance to move and carry out their daily routine etc.



The home accommodates the elders based on their physical ability and the gender. It has separate hall for women and men. The inmates who are able to walk and do their regular day to day activities live in a separate room and use the common amenities like toilets, dining hall, kitchen etc. for their regular activities. However, the inmates who are not in a state to walk and need some assistance to do their routine activities on their cot itself stay in special room generally called sick room (shown in the image). The beds in the sick room are made of stainless steel and each bed is provided with a tap and provision for passage of waste water into the drain. The sick room also is floored with tiles to ensure hygiene is maintained in the sick room. It needs lot of personal care, patience and medical attention towards these inmates for a number of days to restore some of them to ambulatory state. Some of these inmates are mentally retarded and are placed under special care. This forms the basis for the requirement of well equipped room to treat the sick and bed ridden and to nourish them back to the normal state. The inmates are moved from the sick room with the help of wheel chairs to the dining hall and other surroundings with the help of home attendants.

Needless to quote that more than the physical needs, it is very essential to provide emotional support to the elders. Hence every care is taken by the home with patience hearing to them. The home also invites volunteers to interact with them and share their experiences.

## 5. A day in the Home

The day starts in the home with a wakeup call by the Aayah to all the inmates in the morning at 6.30 a.m. followed by tea. They are served with morning meal at 8.30 a.m. after which they go around the home and do miscellaneous works of their choice or chat among themselves. Around 12.30 p.m. their lunch is served with a menu of Rice, Dal, Curry, Sambar in the dining hall. After lunch they take rest for about two hours or so and approx. by 4.00 in the evening they come out and relax with a cup of tea. A fruit or biscuits are served as evening snacks after which they all go to the meditation hall and sit for half-an-hour to meditate. In the evening TV show is arranged for 1.5 to 2 hours. The supper in the night is served at 8.00 p.m. after which they go to bed.

### Other activities in the Home

1. **Medical Check-ups:** The health condition of all inmates of home is monitored regularly by a medical practitioner who visits the home once in a week and also attends to emergencies. Advanced medical equipment like Digital BP meter and one touch blood sugar monitor are made available to closely monitor the health condition.
2. **Recreation:** The home celebrates some special occasions like New Year and festivals by distributing sweets.
3. **Special Fans in summer:** The temperature is another point of importance in the care of the sick room. Special pedestal fans are provided in summer to maintain the temperature in controllable range and hygienic conditions of the room.
4. **Last Journey:** Funeral rights are performed to the aged persons who depart this life after long struggle with illness in the home. The last rights are performed with all traditional rituals and carried to the burial ground in the vehicle "Swarga Ratham". This vehicle also extends help to the poor people living in the surrounding village.



### Future Plan for improvements:

- To construct a pucca building with good amenities, that can accommodate 100 persons.
- To improve the infrastructure to accommodate the inmates such as dining hall, kitchen, lighting, fans, beds etc.
- Conduct periodic recreational activities to keep them in joy and happiness.
- Increase the medical facilities and routine checkups of the inmates.

### Infrastructure Requirements:

**Proper Building:** The existing shelter provided is a structure constructed about 20 years ago with asbestos sheet roofing. Also the site is owned by the ITI and needs to be vacated when they demand. Hence it is required to construct a building at a slightly higher level from the surface which can accommodate atleast 100 inmates (i.e., 100 beds).



Mr. D. Prakash Rao has already identified and acquired a plot of 36 cents just behind the existing home for construction of the building.

## 6. Support Required

Needless to mention that apart from care and concern it involves lot of financial outgo to maintain the livelihood of the home. Also with the increased prices of day to day requirements and also the medical expenses of the inmates in the home, it requires lot of support from benevolent members of community.

We request your goodselves to extend support for sustainability of this gracious activity by and improve the existing facility. The cost involved in the project is as under:

	One Time Expense (Rs.)	Recurring Expense per Month (Rs.)
1) Per Bed/ Person	50,000	
2) Monthly expenditure per inmate		2,000.00
3) Expenses Per Month (approx. 30 inmates)	-	60,100.00
4) Expenses Per Annum	-	721,200.00

You can extend your support in full or part for any of the above 4 items.

- Individual contribution to support atleast construction of One bed - 50,000/- per donor
- A group of 5 donors can also cater to support construction Per bed - 10,000/- per donor (name(s) of the donors will be displayed behind the beds).
- Individual contribution to support one Inmate for an year - 24,000/- per donor
- Individual contribution to support one full month expenses - 60,100/- per donor
- Contribution to support a few inmates (Say 5 x 2,000/-) for an year or six months .... and so on

*Please adopt atleast one inmate by donating Rs.2000 per month.* We assure you that the support extended by you would be put to the just, honest and best use in fulfillment of the stated objectives of the home. For better understanding of the kind of inmates taking shelter in the home, the profiles of the inmates and photos of the home are enclosed as Annexure to this report.

### Estimated break up of Recurring expenses incurred per month

Component	Detail of Expenditure	Qty	Per Month Rs
<b>Staff Salaries</b>	Salaries for the staff		
	In-charge -	1No.	9,000
	Cook -	1No.	5,000
	Aayahs -	3Nos.	7,500
	Driver -	1No.	6,500
	Assistants -	3Nos.	6,000
<b>Maintenance Cost</b>	Provisions for Food		8,500
<b>Miscellaneous Costs</b>	Power Bill		3,000
	Medical Expenses		8,600
	Transportation and other misc. maintenance expenses		6,000
<b>TOTAL</b>			<b>60,100</b>



## 7. Way Ahead

Srujanavani is working in collaboration with Loyola oldage home. As Loyola Oldage Home is not covered under 80G and hence SRUJANAVANI will extend support received from you to the home in form of materials and coordinate to give timely feedback on the activities and progress made in the project.

### **Contact Information**

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